

## Create a Kitchen Scrap Garden

### Inspired by *Grow*

#### Inspiration:

How does your garden grow?  
Grow! explores the life cycle of an apple tree. From seed, to flower, to fruit, we see our tree change throughout the seasons. Did you know you can grow a tiny garden on your windowsill?



#### How To:

1. Carefully slice off the top of a carrot, leaving about a half-inch of space.
2. Place the carrot top in a small and shallow cup or container.
3. Add a small amount of water, just enough to cover the bottom of the carrot top, but not covering it completely.
4. Wait and see! Add water each day -- the carrot top will drink it up!
5. Watch and see if your carrot sprouts!
6. How big will the sprouts get?  
Could you measure them with your fingertip?

#### Connect:

##### 0-2 Years:

Sing our Grow! song as you give your carrot top a drink of water each day.

##### 2-5 Years:

Ask your little ones, How can you tell that you are growing?  
Make your body into a tiny seed and grow yourself slowly into a sprout!  
Give your carrot top a sip of water!



What did you grow?  
Share it with us!



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