

## #BLM with Early Years

Young children may have questions about the Black Lives Matter protests. What is happening in the news and in our neighborhoods? Why are people angry and sad?



If you're struggling to begin talking to your young ones about race, here are some resources to get you started:

### Embrace Race

Raising a Generation of Children Who Are Thoughtful, Informed, and Brave About Race

### One Talk at a Time

Providing support for Latinx American, Asian American, African American, and Black youth and their families to have conversations about race and ethnicity

### The Conscious Kid

Parenting and Education through a Critical Race Lens

### 0-2s: Storytime

Here are four books for our youngest ones that feature Black families.

**Woke Baby** by Mahogany Brown, illustrated by Theodore Taylor III

**Whose Knees are These** by Jabari Jabari Asim, illustrated by LeUyen Pham

**Please Baby Please** by Spike Lee and Tonya Lewis Lee, illustrated by Kadir Nelson

**Lullaby** by Langhston Hughes, illustrated by Sean Qualls



Share photos and videos of your family's activism with us.



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## 2-5s: Wee Protest

1. Woke Kindergarten on Instagram (@WokeKindergarten), created by Akiea Gross, offers resources like read alouds, discussion ideas, and vocabulary about activism.

Check out [this PDF](#) on their website featuring "Protest" as the "Woke Word of the Day" which includes kid-friendly explanations and photos.

2. What kind of protest sign does your child want to make?  
Talk about what things are important to them; you can start by sharing what issues are important to you.
3. Gather whatever art supplies you have on hand - something to write with and something to write on. Encourage your young one to help out in whatever way is exciting for them. Maybe they want to draw a picture on your sign while you write the words, or maybe they want to color in big block letters. It might even be an abstract scribble.
4. Activate: Now that you have your protest sign, how do you want to share it? You could:
  - Hang it in your window facing the street
  - Look for a family march in your area to join
  - Think of a chant or a song you've heard at a protest, or have your child think of one of their own
  - Make some noise using pots and pans
  - Engage your stuffed animals and dolls to stage a march in your home. They can each have mini signs of their own!



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